

**INTERNATIONAL CHESS FEDERATION**  
**FÉDÉRATION INTERNATIONALE DES ÉCHECS**



**ANTI-DOPING EDUCATION PLAN**

# **FIDE Anti-Doping Education Plan**

## **1. BACKGROUND**

The fundamental objective for the International Chess Federation (FIDE) is to preserve the spirit of sport as described in the World Anti-doping Code (Code) and in the International Standard for Education (ISE).

According to article 18 from the Code, Education programs and their implementation shall instil personal values and principles that protect the spirit of sport. So FIDE shall plan, implement, monitor and evaluate according to the International Standard for Education. The Code, by article 20.3.13, also provides for National Federations (NF) to conduct an anti-doping education in coordination with the applicable National Anti-Doping Organization (NADO).

The FIDE Anti-Doping Education Plan requires cooperation from the Continental Federations or Unions, Regional Associations, National Associations and the National Anti-Doping Organisations (NADOs) in order for the athletes to primarily receive anti-doping education in their own language. In addition, the e-learning programmes are utilised as well in the anti-doping education booths during events and anti-doping education webinars.

Each year, the target groups are determined on the basis of assessment of the current situation.

## **2. CURRENT SITUATION ASSESSMENT**

The FIDE has four Continental Organizations: African Chess Confederation, Asian Chess Federation, Confederation of Chess for Americas, European Chess Union and many other regional organizations are affiliated, a total of 201 national federations. They are responsible for the development of chess and administration.

Unfortunately, not all National Federations have medical or equivalent committees to implement an anti-doping plan or do not collaborate with NADOs.

The majority of chess clubs do not know or are not interested in this field.

There are three main chess branches: Classic, Rapid and Blitz.

The Continental Organizations are responsible for organizing their Continental Events and the Continental qualifiers to FIDE Olympiad.

The World Events of FIDE are:

**Every year:**

FIDE World Corporate Chess Championship - Online Qualifiers

FIDE Candidates Tournament

FIDE Women's Candidates Tournament

World Cadet Rapid Championships

World Cadet Blitz Championships

World Schools Chess Championships

Chess Tournament Grand Prix

World Junior U20 Championships

FIDE World Corporate Chess Championship – Finals

World Cup U8, U10, U12

World Senior Team Chess Championships

FIDE World Junior Rapid Championships

FIDE World Schools Rapid and Blitz Championships

World Rapid Teams Championship

World Blitz Teams Championship

FIDE World Junior Blitz Championships

FIDE Women's Grand Prix Series - 1st leg

FIDE World Amateur Chess Championships

World Youth Chess Championships

FIDE Women's Grand Prix Series - 2nd leg

FIDE World Cadet U8, U10, U12 Championships

FIDE World Senior Championship

World Chess Championship Match

**Every 2 years:**

Chess Olympiad

### **3. TARGET GROUPS AND ACTIVITIES**

#### **Target Group 1 – RTP/TP Athletes and Those Returning From Sanctions**

##### **Objective:**

Ensure all athletes in the Registered Testing Pool (RTP), Testing Pool (TP) and those returning from sanctions are fully informed about their anti-doping responsibilities and have the knowledge to maintain clean sport practices.

##### **Program objective:**

To provide specific education and support to RTP/TP athletes and those returning from sanctions, with an emphasis on strict compliance with anti-doping regulations, whereabouts requirements and the consequences of non-compliance.

##### **Learning objective:**

- Understand and comply with whereabouts reporting and ADAMS requirements and the consequences of non-compliance.
- Know the consequences of doping violations, including health, legal and social implications.
- Understand the testing procedures (in and out of competition).
- Learn how to reintegrate into competitive sport following a sanction, ensuring full compliance with anti-doping rules.

##### **Topics:**

- Principles and values associated with clean sport.

- Athletes, ASP's and other groups' rights and responsibilities under the Code
- The principle of strict liability
- Anti-doping rule violations
- Consequences of doping, for example, physical and mental health, social and economic effects, and sanctions
- Substances and methods on the List – focus on social drugs and substances at risk in chess.
- Risks of supplement use
- Use of medications and TUEs
- Testing procedures, including urine, blood, and the Athlete Biological Passport (ABP)
- Requirements of the RTP/TP, including whereabouts and the use of ADAMS
- Speaking up to share concerns about doping.

**Resources:**

- Event-based on-site education
- Webinars
- Resource distribution
- ADEL e-learning trainings.

**Period:**

2025 - 2028

**Responsibility:**

FIDE with the support of NFs and NADOs

**Target Group 2 – International Level Athletes (ILA)**

**Objective:**

All ILA athletes will be informed of anti-doping rules, their rights and responsibilities, ensuring they can compete fairly.

**Program objective:**

ILA athletes will be provided with extensive information on anti-doping procedures. This will include comprehensive education on WADA ADEL, which covers a wide range of topics related to clean sport. Athletes will learn about the various anti-doping regulations, the testing processes and the importance of maintaining integrity in sport. Additionally, they will be informed about the serious consequences of doping, both for their careers, community and their health, ensuring they are fully aware of the implications of violating anti-doping rules.

**Learning objective:**

- Gain a comprehensive understanding of the WADA Code, including prohibited substances and methods.
- Learn about the procedures for doping control, including sample collection and athlete rights and responsibilities.
- Understand the process for applying for Therapeutic Use Exemptions (TUE) and the importance of compliance.
- Recognize the legal, health and career consequences of doping violations.
- Develop skills to make decisions that uphold the spirit of sport.

**Topics**

- Principles and values associated with clean sport.
- Athletes, ASP's and other groups' rights and responsibilities under the Code
- The principle of strict liability
- Consequences of doping, for example, physical and mental health, social and economic effects, and sanctions
- Anti-doping rule violations

- Substances and methods on the List – focus on social drugs and substances at risk in chess.
- Risks of supplement use
- Use of medications and TUEs
- Testing procedures, including urine, blood, and the Athlete Biological Passport (ABP)
- Requirements of the RTP/TP, including whereabouts and the use of ADAMS
- Speaking up to share concerns about doping.

**Resources:**

- Event-based on-site education
- Webinars
- Resource distribution
- ADEL e-learning trainings.

**Period:**

2025 - 2027

**Responsibility:**

FIDE with the support of NFs

**Target Group 3 – Talented and Youth Athletes**

**Objective:**

Ensure all young and talented athletes are fully informed about their anti-doping responsibilities and the importance of clean sport.

**Program objective:**

For young and talented athletes, education will cover the basics of anti-doping regulations and the reasons behind them, helping athletes understand the significance of clean sport. They will learn about the various substances and methods that are prohibited, the testing procedures, and how to avoid inadvertent doping. Additionally, the

program will highlight the long-term consequences of doping, not only in terms of potential sanctions and damage to their careers but also the serious health risks involved. By instilling these values early on, we aim to foster a culture of integrity and respect for the rules among the next generation of athletes.

**Learning objective:**

- Understand the basic principles of clean sport and the importance of fair play.
- Recognise the influence of role models and peers in promoting clean sport values.
- Identify common prohibited substances and the risks associated with their use.
- Understand the potential health risks and career impacts of doping.
- Learn about the procedures for doping control, including sample collection and athlete rights and responsibilities.

**Topics:**

- Principles and values associated with clean sport.
- Athletes, ASP's and other groups' rights and responsibilities under the Code
- The principle of strict liability
- Consequences of doping, for example, physical and mental health, social and economic effects, and sanctions
- Anti-doping rule violations
- Substances and methods on the List – focus on social drugs.
- Risks of supplement use
- Use of medications and TUEs
- Testing procedures, including urine, blood, and the Athlete Biological Passport (ABP)

- Requirements of the RTP/TP, including whereabouts and the use of ADAMS
- Speaking up to share concerns about doping.

**Resources:**

- Event-based on-site education
- Webinars
- Resource distribution
- ADEL e-learning trainings.

**Period:**

2025-2027

**Responsibility:**

FIDE with the support of NFs

**Target Group 4 – Athlete Support Personnel (ASP)**

**Objective:**

ASP will be aware of anti-doping rules and procedures, ensuring they can adequately support athletes in a clean sport environment.

**Program objective:**

ASP will undergo comprehensive training to gain a thorough understanding of anti-doping regulations and procedures. This training will encompass the principles and practices of clean sport, ensuring that ASP is well-equipped to support athletes in adhering to anti-doping rules and maintaining the integrity of sport.

**Learning objective:**

- Gain a thorough understanding of the WADA Code and the role of ASP in supporting clean sport.
- Know how to influence athletes' values and behaviours.
- Recognise and support athletes during vulnerability moments.

- Understand all anti-doping rule violations
- Know how to check medications and make informed decisions about supplements.

**Topics:**

- Principles and values associated with clean sport.
- Athletes, ASP's and other groups' rights and responsibilities under the Code
- The principle of strict liability
- Consequences of doping, for example, physical and mental health, social and economic effects, and sanctions
- Substances and methods on the List – focus on social drugs and substances at risk in chess.
- Risks of supplement use
- Use of medications and TUEs
- Testing procedures, including urine, blood, and the Athlete Biological Passport (ABP)
- Requirements of the RTP/TP, including whereabouts and the use of ADAMS
- Speaking up to share concerns about doping

**Resources:**

- Event-based on-site education
- Webinars
- Resource distribution

**Period:**

2025-2027

**Responsibility:**

FIDE with the support of NFs

## **Target Group 5 – National Member Federation, Anti-Doping Representatives (e.g., Administrators, National Team Managers, National Team Trainers, FIDE Officials)**

### **Objective:**

Ensure all National Member Federation and FIDE representatives understand their role in enforcing and supporting anti-doping regulations.

### **Program objective:**

- Provide comprehensive training and resources to help national administrators, team managers and coaches implement anti-doping rules and support their athletes in maintaining clean sport practices.

### **Learning objective:**

- Understand the national and international anti-doping regulations and their implications.
- Learn how to support athletes in adhering to anti-doping rules.
- Be familiar with the role of WADA, and the FIDE in the anti-doping framework.
- Be able to manage athlete whereabouts, TUEs and anti-doping protocols effectively.

### **Topics:**

- Principles and values associated with clean sport.
- Athletes, ASP's and other groups' rights and responsibilities under the Code
- The principle of strict liability
- Consequences of doping, for example, physical and mental health, social and economic effects, and sanctions
- Anti-doping rule violations
- Substances and methods on the List – focus on social drugs and substances at risk in chess.

- Risks of supplement use
- Use of medications and TUEs
- Testing procedures, including urine, blood, and the Athlete Biological Passport (ABP)
- Requirements of the RTP/TP, including whereabouts and the use of ADAMS
- Speaking up to share concerns about doping.

**Resources:**

- Event-based on-site education
- Webinars
- Resource distribution

**Period:**

2025-2027

**Responsibility:**

FIDE with the support of NFs

**Target Group 6 – National Level Athletes**

**Objective:**

To promote a culture of clean sport by educating national level athletes on the principles of anti-doping, the risks of prohibited substances, and the importance of ethical decision-making in sport.

**Program objective:**

- Ensure all national-level athletes are knowledgeable about anti-doping rules, testing procedures, and their rights and responsibilities.
- Reduce the incidence of inadvertent doping violations by providing tools and resources to recognise and avoid prohibited substances.
- Foster a commitment to fair play and ethical competition.

**Learning objective:**

- Gain a comprehensive understanding of the WADA Code, including prohibited substances and methods.
- Learn about the procedures for doping control, including sample collection and athlete rights and responsibilities.
- Understand the process for applying for Therapeutic Use Exemptions (TUEs) and the importance of compliance.
- Recognize the legal, health and career consequences of doping violations.

Develop skills to make decisions that uphold the spirit of sport.

### **Topics:**

- Principles and values associated with clean sport.
- Athletes, ASP's and other groups' rights and responsibilities under the Code
- The principle of strict liability
- Consequences of doping, for example, physical and mental health, social and economic effects, and sanctions
- Anti-doping rule violations
- Substances and methods on the List – focus on social drugs.
- Risks of supplement use
- Use of medications and TUEs
- Testing procedures, including urine, blood, and the Athlete Biological Passport (ABP)
- Requirements of the RTP/TP, including whereabouts and the use of ADAMS
- Speaking up to share concerns about doping.

### **Resources:**

- Webinars

- Resource distribution

**Period:**

2025-2027

**Responsibility:**

FIDE and NFs with the support of NADOs.

**Target Group 7 – Parents and Guardians**

**Objective:**

To empower parents and guardians with the knowledge and tools to support their child's commitment to clean sport, helping them understand the risks of doping and their role in fostering ethical values in sport.

**Program objective:**

- Educate parents and guardians about anti-doping policies, the impact of doping on their child's health, and the importance of creating a supportive, ethical environment for athletes.
- Equip parents and guardians with resources to guide their children in making informed decisions about supplements, nutrition, and the pressures of competitive sport.

**Learning objective:**

- Gain knowledge of the basic anti-doping regulations, including what constitutes a violation and the testing process.
- Understand the short- and long-term health risks associated with doping and how it can affect their child's career and future.
- Learn how to support their child in making ethical decisions regarding performance enhancement and dealing with external pressures.
- Be familiar with safe practices for supplementation, nutrition, and health management to avoid inadvertently encouraging doping

**Topics:**

- Principles and values associated with clean sport.

- Athletes, ASP's and other groups' rights and responsibilities under the Code
- The principle of strict liability
- Consequences of doping, for example, physical and mental health, social and economic effects, and sanctions
- Anti-doping rule violations
- Substances and methods on the List – focus on social drugs.
- Risks of supplement use
- Use of medications and TUEs
- Testing procedures, including urine, blood, and the Athlete Biological Passport (ABP)
- Requirements of the RTP/TP, including whereabouts and the use of ADAMS
- Speaking up to share concerns about doping.

**Resources:**

- Webinars
- Resource distribution

**Period:**

2025-2027

**Responsibility:**

FIDE with the support of NFs and NADOs.

## **4. RESOURCES**

### **4.1. HUMAN RESOURCES:**

- FIDE Medical Commission Members
- Continental Organizations

- National Federations
- Athlete ambassadors
- Special Guests for the Webinars
- NADOs

#### **4.2. INFORMAL RESOURCES:**

- FIDE Website;
- WADA Website;
- ADEL Website;
- ADAMS Platform;
- NADOs websites;

#### **4.3. FINANCIAL RESOURCES**

- FIDE budget for Anti-Doping Education Program
- Partners

### **5. MONITORING AND EVALUATION**

#### **5.1 DATA COLLECTION**

##### a. Education Activities:

- Anti-Doping Education: number of completions of eLearning courses and number of participants attending the Anti-Doping Educational Seminar pending the Chess Events.
- information provision: number of downloads of resources available on the website.

##### b. Target groups:

- number of target groups athletes

##### c. Education Pool monitoring:

- total numbers, education level at entry

##### d. Detection related data:

- doping control form data (TUEs)
- number of tests in-competition and out-competition

e. Results Management

- number of cases brought, categories of offences
- Anti-Doping rule violations total per year
- Status of sanctions and reasons

## **5.2 EVALUATING LEARNING**

Assessment of whether participants have achieved their Learning Objectives will be made using a combination of Case Scenarios during the Webinars and assessments at the end of on line courses, during which a score of at least 70% will be considered as a success in understanding the topics covered within the course.

These assessments will be made at the end of each webinar and online course, and recorded to assess progress throughout the year.

In addition, following all face-to-face learning activities, an Event based Education Evaluation Form will be completed to monitor the success of that activity.

## **5.3 PROGRAM EVALUATION**

The program evaluation will use all the data, evidence and information collected to make a judgement of the effectiveness of the education program, whether the objectives of the program were achieved and what needs to be done to improve this education plan for the next years and/or the next education plan.

## **5.4 DETERMINING IMPACT**

This step of the monitoring and evaluation process seek to identify how this program made a difference. The information will be collected using the following tools:

- Surveys
- Qualitative data collection